

It's not enough to simply have a bicycle helmet.

Be sure yours is properly fitted and adjusted—and worn every time you ride.

- Safe Kids estimates that less than half of children ages 5 - 12 wear helmets when biking, rollerblading, skateboarding, etc.
- More than a third of children who do use helmets wear them improperly.

## Get a Free Helmet at Our Bicycle Safety Event

Attend the Bicycle Safety Event with your child and receive:

- FREE child's bicycle helmet while supplies last —for children ages: 5 12
- Helmet fitting (child must accompany parent/guardian)
- Bicycle safety tips

Make plans now to attend!



